

Positive Lunchtimes

Excellent Behaviour through Active Play

School-based Training for Primary School Lunchtime Supervisors/Staff

THE TRAINING

This package trains a range of lunchtime staff to manage behaviour and to provide structured activities for pupils - so creating outstanding, active lunchtime breaks.

Schools are constantly challenged to meet the target of providing 2 hours of physical activity per week within and outside the curriculum. There is now the expectation that schools will provide 3 hours of physical activity, working towards the government's 5-hour requirement. Using lunchtimes constructively can provide the perfect opportunity to meet these targets .

Participants will become familiar with the Top Activity Scheme- designed to provide structured activities particularly for children who are reluctant to engage in traditional sports.

The package includes:

- ❖ A large bag of Top Activity equipment and instruction cards to use regularly at lunchtime
- ❖ A preliminary planning meeting with the Headteacher and other involved staff
- ❖ 2 school-based morning training sessions (total 5 hours) for lunchtime staff to:
 - ❖ Focus on behaviour management and assertive communication
 - ❖ Participate in the Top Activities and learn to teach them to others
 - ❖ Develop an action planning session with the relevant senior manager to ensure sustainability
- ❖ A certificate for each participant and a copy of the Handbook of Lunchtime Supervision for each team
- ❖ A follow up review session three months after the initial training

The total cost of this package is £850.00 for up to 25 participants.

**Primary schools may wish to use part of the primary Link Teacher release grant
(Through the Sports Partnership)**

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THE TRAINERS

Active Lunchtimes is a training program delivered by **Shirley Rose**, a freelance trainer and author of “The Handbook of Lunchtime Supervision” and **Belle Amooty**, a highly experienced PE teacher and former member of the Haringey SSCO Sports Partnership.



FEEDBACK

From Participants:

“The sessions were really informative and fun. The trainers were encouraging, clear and supportive - great delivery. I have a good feeling about the future for lunchtimes”

Lunchtime Supervisor Great Bedwyn Primary School, Wiltshire

“Since the training, both playgrounds have 30 minutes per day structured activity - they are buzzing. There are lots more activities for the children. Also the time goes quicker and it’s much more enjoyable for us”

Teaching Assistant, Devonshire Hill Primary School Haringey

“Behaviour is better as children are occupied. There is less fighting and falling out. It is helping children to develop social skills”

Learning Mentor Tenbury Primary School, Worcester

From Headteachers:

“We’ve never known such happy lunchtimes. We have also found fewer incidents of misbehaviour in the afternoon as the children are so well occupied. Children are happier and there is less moaning and fighting. We have fewer problems to deal with and I rarely have to pick up the piece”

Headteacher, St Mary’s R.C Primary School, Birmingham

“I think its going brilliantly - lunchtimes are exemplary. I look out of the window and I’m so impressed”

Headteacher, Belmont Infants School, Haringey

FOR FURTHER DETAILS & BOOKINGS CONTACT

SHIRLEY ROSE:

020-8886-2161

shirley@crorose.eclipse.co.uk

www.shirleyrose.co.uk