

# “Buddying”/Peer Support for Primary School Children

## School-based Training for Children and Staff

### THE TRAINING

Evidence shows that peer group support schemes have a positive influence on the emotional climate of the whole school, reduces bullying and contributes to a happy playground experience. Children and young people in distress often turn first to a peer for help. “Buddies” can initiate play, befriend isolated pupils, and help their peers resolve difficulties. To successfully sustain such a scheme requires training and on-going support from the school.

Aims of the training are to:

- ❖ Assist schools to set up a “buddying” scheme
- ❖ To train selected children in:
  - ❖ The role of “the buddy”
  - ❖ Ways of befriending, and initiating play with children in the playground
  - ❖ Ways to listen to, and mediate with peers when appropriate



### The package includes:

**Preparation:** including a telephone discussion with the Headteacher/ SENCO focusing on developing and managing a peer support system. The specific needs of your school will be addressed.

**Delivery:** Two one hour group training sessions with the selected children and staff focusing on the above objectives.

**Total cost is £300.00.**

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### LEARNING OBJECTIVES

By the end of this training, participants will have attained:

- ❖ Increased self-esteem and personal development
- ❖ A deeper understanding of the role of peer support
- ❖ Active listening skills
- ❖ A range of strategies to befriend and support peers in every day interactions
- ❖ Skills to help peers play
- ❖ A clear understanding of when to involve an adult

### SHIRLEY ROSE

I am a freelance trainer who has extensive experience of working with lunchtime staff, teaching assistants and children in a large number of Primary Schools.

I am a qualified social worker who has worked as a trainer, supervisor and advisor at Childline, The Probation service, the refugee council and other organisations. I have designed and delivered training courses in a range of child related subjects. Feedback has been extremely positive, and I would be happy to provide references.



**FOR FURTHER DETAILS & BOOKINGS CONTACT**

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